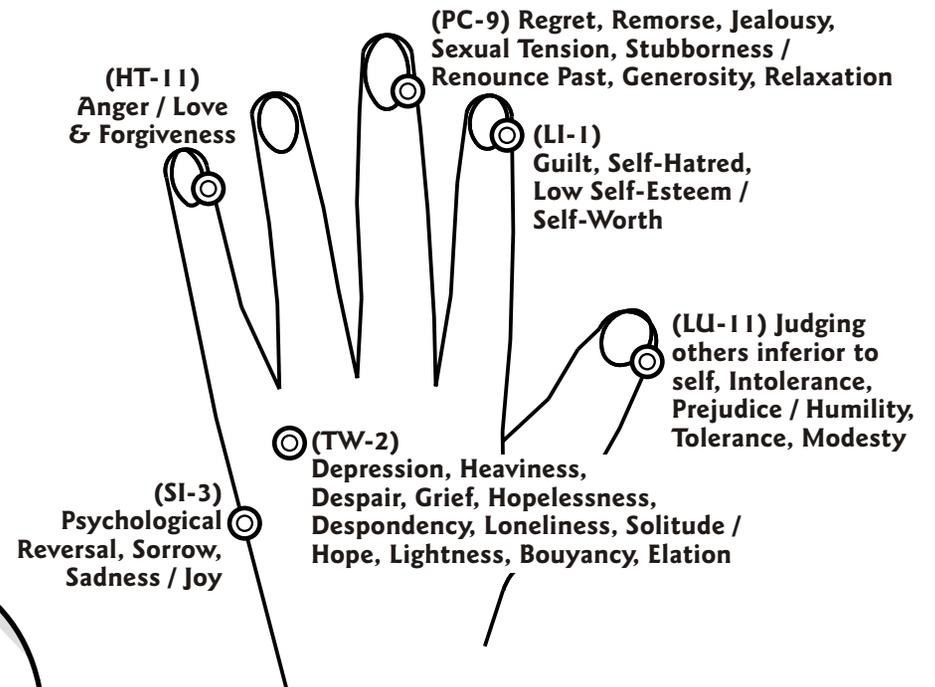
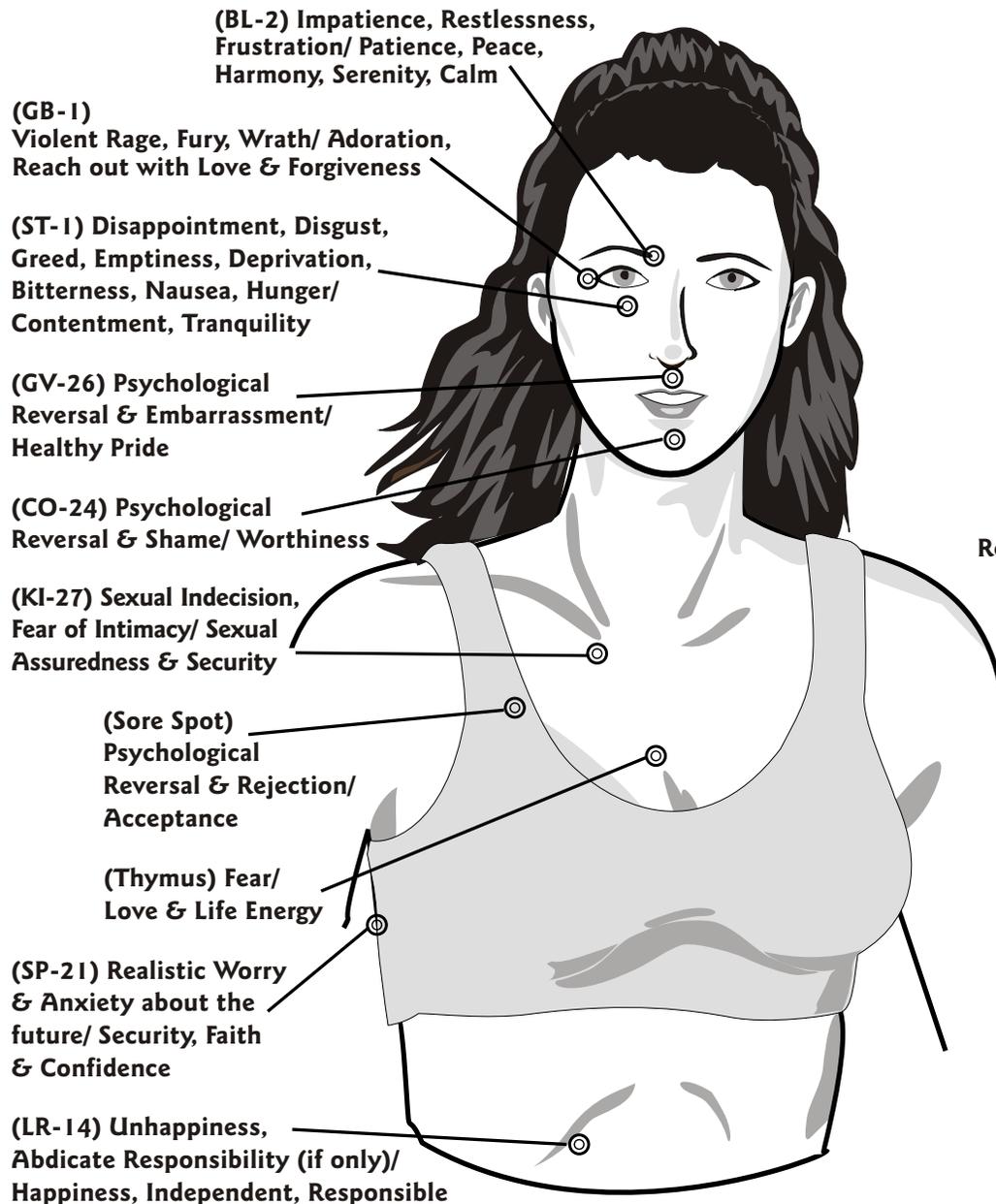


# TAPPING POINTS: MERIDIANS & EMOTIONS

Based on the information in the book "Life Energy," by Dr. John Diamond



## Standard Meridian Abbreviations

BL	Bladder	LR	Liver
CO	Conception Vessel/ Central	LU	Lung
GB	Gall Bladder	PC	Pericardium (Circulation/Sex)
GV	Governing Vessel	SI	Small Intestine
HT	Heart	SP	Spleen/Pancreas
KI	Kidney	ST	Stomach
LI	Large Intestine	TW	Triple Warmer/Thyroid